



Humility 1 - Identifying the problem

Welcome (10 mins)

Select from Cell Resources

Worship (20 mins)

Select fro Cell Resources

Word (40 mins)

Humility is commanded as a fundamental Christian quality (read Micah 6:8, Phil 2:5-8). But humility isn't just the opposite of "pride". In scripture, many attitudes are listed which are contrary to God's will for us: - conceit, arrogance, boasting, bragging, haughtiness, being wise in our own eyes etc.

We can best identify lack of humility by testing for the consequences. Here are some practical checks. Read them out, or put them on a flipchart and ask each member of the cell to write down things which get "triggered" by these questions:

Self-serving

- Do you ever feel you deserve credit for something you've done?
- Do you feel particularly pleased when someone notices you?
- Does it really bug you when you don't get recognition for an achievement?
- Do you feel a pang of jealousy when someone else gets close to one of your friends?
- Do you find yourself feeling "it's not fair" if someone else gets blessed more than you do?
- Do you feel good about yourself if you successfully help someone else?
- Are you keen to know what your role is in the church?

Double-mindedness

- Are you conscious of accepting things in your life which you know are contrary to the will of God?
- Are you inconsistent in practising what you preach?

Intolerance

- Are you more conscious of other people's faults than their virtues?
- Do you get impatient when others disagree with you or don't share your vision?
- Do you secretly believe that you know best and often cite your



previous experience?

Please note that these attitudes are not indicators of lack of humility if they occur occasionally, but if they are consistently part of your mindset, it is probably evidence of spiritual pride.

One of the attributes of being humble is to be vulnerable, realising that we have nothing to prove to others. Encourage the group to share some of what they have written. Emphasise that we are all in the same boat and that if we are tempted to blame others or feel superior then we are demonstrating the worst sort of pride! Remind the cell, too, that it is biblical to "confess our sins to each other" (James 5:16), although Jeff Lucas told us that it is more accurately translated "confess your blunders to each other".

Witness (20 mins)

Pray for each other "so that you may be healed".

Notes

See Humility 2 - Learning to practice humility

Cell Plan