



Humility 2 – Learning to Practice Humility or Avoiding False Humility

Welcome (10 mins)

Select from Cell Resources

Worship (20 mins)

Select from Cell Resources

Word (40 mins)

In much of Paul's teaching, he is basically saying, "Imitate me". The extent to which we find this difficult is a measure of how locked up we are in a false idea of what humility is. If we are to be truly free to be what God wants us to be, we must break through this barrier and appreciate what we have become BY GOD'S GRACE. Get the group to respond to the following three challenges:

1. How do you feel when someone pays you a compliment?

Points for discussion: Why is it difficult for us to receive approval without any embarrassment or self-consciousness? If we were truly free, would it be different?

2. Describe yourself for at least 1 minute from the point of view of someone who is really proud of you (eg wife, husband, parent, child).

Points for discussion: Why is it easier to see ourselves positively from someone else's perspective? How would we describe ourselves from God's point of view? Would we major on the ways we have failed him and let him down, or see the wonderful and unique way that he has created us?

3. Share one way in which you would want other people to imitate you. Be as specific as you can and don't hide behind generalities!

Point for discussion: If you find this difficult, just think of the fruit of the Spirit that God has developed in you since you became a Christian, which has helped you to develop something of the character of Jesus.

Ultimately, our lives are the most potent demonstration of the gospel of grace. Let us close the credibility gap and acknowledge the ways that God has changed us, in true humility and without being afraid of falling into pride.



Witness (20 mins)

Pray for each other based on the points shared above.

Notes

Teaching tape available

Cell Plan